




All entrees served with choice of 1% milk, fat free unflavored or flavored milk. All grain items offered are Whole Grain Rich.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Red & Orange	Starchy	Legumes	Dark Green	Other
		1 Street Corn Chicken Bake w/Dinner Roll Black Beans (1/2c) Fresh Fruit Milk	2 BBQ Chicken Mac & Cheese Steamed Broccoli & Carrots (1c) 100% Fruit Juice Milk	3 Hamburger Carrot Sticks (3/4c) Fresh Fruit Milk
6 Creamy Chicken Chipotle Pasta Peas & Carrots (1c) 100% Fruit Juice Milk	7 Hamburger Tater Tots (3/4c) Fresh Fruit Milk	8 Chicken Tamal w/Black Beans (1/2c) Corn (1/4c) Fresh Fruit Milk	9 Hawaiian Chicken w/ Brown Rice (3/4c) Steamed Broccoli & Carrots (1c) 100% Fruit Juice Milk	10 BBQ Chicken on a Hamburger Bun Carrot Sticks (3/4c) Fresh Fruit Milk
13 Lemon Garlic Chicken w/Brown Rice (3/4c) Peas & Carrots (1c) 100% Fruit Juice Milk	14 Cluckin' Pizza Pie Whole Kernel Corn (1/2c) Fresh Fruit Milk	15 Hamburger BBQ Baked Beans (3/4c) Fresh Fruit Milk	16 Chicken Teriyaki Bowl Brown Rice (3/4c) Steamed Broccoli & Carrots (1c) 100% Fruit Juice Milk	17 Honey BBQ Wings Carrot Sticks (3/4c) Dinner Roll Fresh Fruit Milk
20 Mongolian Chicken Bowl w/ Brown Rice (3/4c) Peas & Carrots (1c) 100% Fruit Juice Milk	21 Chicken Parmesan Hoagie Sandwich Mashed Potatoes (3/4c) Fresh Fruit Milk	22 Green Chicken Enchiladas Fiesta Beans & Corn (3/4c) Fresh Fruit Milk	23 BBQ Chicken Mac & Cheese Steamed Broccoli & Carrots (1c) 100% Fruit Juice Milk	24 Bean & Cheese Burrito Carrot Sticks (1/2c) Fresh Fruit Milk
27 	28 Hamburger Tater Tots (3/4c) Fresh Fruit Milk	29 Chicken Tamal Fiesta Beans & Corn (3/4c) Fresh Fruit Milk	30 Lemon Garlic Chicken w/Spanish Rice (3/4c) Broccoli & Carrots (1c) 100% Fruit Juice Milk	31 Beef Mediterranean Bowl w/ Brown Rice (3/4c) Peas & Carrots (3/4c) Fresh Fruit Milk

Menu subject to change without notice.

Menu items may change due to supply chain issues, including limited food availability, staff shortages, distribution issues, inflationary prices and/or other challenges.

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This institution is an equal opportunity provider.